

A person is walking away from the camera on a wooden boardwalk that runs along the edge of a calm lake. The sun is low in the sky, creating a warm, golden glow that reflects on the water. The trees on the right side of the path have vibrant autumn foliage in shades of orange and yellow. In the distance, there are rolling hills or mountains under a soft, hazy sky.

**Grieving the
death of a
spouse?**

*Or do you know
someone who is?*

Your life has changed forever. The daily emotions and challenges can seem too hard to bear.

Find help at a Loss of a Spouse seminar.

GRIEF  SHARE[®]
**LOSS OF A
SPOUSE**